

WELSH ATHLETICS ROAD/CROSS COUNTRY COMMITTEE MINUTES OF VIRTUAL MEETING HELD ON WEDNESDAY 14th JULY 2021	<u>ACTION</u>
<p>PRESENT: - Alaw Beynon-Thomas, Alex Donald, Graham Finlayson, Martin Green, Nikki Haines, Chris Jones, Steve Jones, Sharon Leech, Adrian Palmer, Rhiannon Linnington-Payne, Peter Sowerby, James Thie, Kevin Tobin, James Williams</p> <p>APOLOGIES : - none</p> <p>MATTERS ARISING (from previous meeting of 26th May 2021)</p> <ul style="list-style-type: none"> • SL emailed AP to invite to July’s meeting to present Performance Pathway and confirm race fixtures: see below <p>CORRESPONDENCE RECEIVED</p> <ul style="list-style-type: none"> • Jamie Clode emailed information that committee meetings can now be held in a face to face setting, provided that a 2m social distancing is kept between participants. The option of joining the meeting online must also be present • PS would like WA to outline guidance and license requirements for cross country leagues. His understanding is that there is no limit to entry numbers, however social distancing must be in place at start and finish, although during the race it’s not necessary. Clarification for Clubs and Leagues needed: further to latest Welsh Government announcement, there is no requirement to social distance and numbers are open, provided race provider’s risk assessment reflects the changes <p>PERFORMANCE TEAM PRESENTATION</p> <ul style="list-style-type: none"> • JW and AP presentation: Governance Plan, WA strategy, focus on what WA needs to achieve over next 7 years. JW to circulate to committee. Need for WA and Committee’s aims to align. Representation opportunities for Road and Cross Country, 2x 5K, 2x 10K, 1x 1/2 marathon; Cross: Liverpool, Celtic, SIAB, Home Countries. CJ confirmed individual plans and opportunities for elite athletes, which sit outside the representative opportunities for that level just below elite. AP states that working with Committees is important, he wants a post international review to see how the event went and whether it’s worth going next year. AP suggested that all selectors should be aware of individual athletes’ performance and fitness and come to selection meetings informed. Responsibility for Budget sits with 	<p style="text-align: center;">JW</p>

Exec committee, AP allocates monies to various Committees to support their planned programme of events but bookings etc made by WA.

- Questions were asked after the meeting, PS mentioned the blurring between volunteers and paid members, SJ raised the issue of governance and how there is some drifting from the bye laws, JW is aware of the need to change some things. SL queried the 'athlete individual plan' which was clarified as pertaining to elite level only
- RLP gave some information on competition programme to clarify championship dates. 5K Champs is within the Cardiff 5K, 10K Champs meant to be within the Cardiff Bay 10K on 26th September, Committee needs to decide on the venue for a Half Marathon Championships. Rhiannon suggesting a Cross Country Relay, as per JT idea, if the cross country season doesn't go ahead as planned. WA final Pembrey 5K 4th September, Rhyl 5th September. Possible WA 10K race on Friday 20th August at Bute Park. c.300 runners 'Sunset 10K'

2021 ROAD & CROSS COUNTRY COMPETITIONS PROGRAMME

Domestic:

- Inter-Area Relay match, Brownlee Centre Leeds, 15th August 2021 (Male and Female teams of 5, 2mile legs). Need to clarify whether attending and move quickly if so to publicise/ select teams
- WA Sunset 10K Bute Park 20th August (to be confirmed)
- Welsh 5K Championships, Whitchurch Cardiff, 29th August 2021 (inc Inter Area match Sen/U20). Confirmation this event is going ahead, team selection needed
- WA 5K series final event 4th Sept Pembrey/ 5th Sept Rhyl
- Road Relays 11th September Pembrey
- Swansea 10K 19th September
- Welsh 10K Championships, Cardiff Bay, 26th September 2021
- Swansea Half Marathon 17th October
- Leeds Abbey Dash, 24th October (inc Inter Area match). Regions to send teams, poss representative opportunity?

International:

- None arranged due to current travel restrictions

SCHOOLS:

- Future competitions scheduled as follows:
 - SIAB T & F, Saturday September 25th (Derby). School years will be honoured as per previous

<p>school year</p> <ul style="list-style-type: none"> • SIAB cross country will not be held in February as hoped, it will instead be on Saturday 26th March (Wales to host, venue tbc) <p>PERFORMANCE</p> <ul style="list-style-type: none"> • See above <p>AOB</p> <ul style="list-style-type: none"> • JW commended the WA 5K series, giving opportunities to Club members • ABT suggested WA hosting a Schools Cross Country Relay as schools athletes have not had any competition opportunity since pre Covid • Committee met briefly with JW for a discussion around roles and responsibilities. Moving forward Committee will meet to draft their version of how roles/ responsibilities should look to fit in with presentation seen this evening <p>DATE & TIME OF NEXT MEETING</p> <ul style="list-style-type: none"> • **, 2021, <u>5.15pm</u>. Microsoft Teams invite will be sent to members for another virtual meeting 	<p>To be arranged</p>
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